

PARENTS' GUIDE FOR TINY SELPHIES

The most important part of preparing your newborn baby for their photo shoot is that you aim to keep your baby **awake** for one to two hours prior to your session, if possible.

Ideally give your baby a bath, let them kick around and then give them a full feed just before coming to your session. This way your baby should be nice and sleepy for the photo shoot. They will have had time to digest their milk and bring up any gas bubbles that they may have. You can give them a top off feed on arrival at the studio and of course as and when necessary, throughout the shoot.

The session is very relaxed, and we work according to your baby's needs. We find giving your baby a full feed before you arrive really does help us to get as many images as possible for you during your session time as they arrive not too hungry having digested all their milk.

Dress your baby in clothes that do not need to be removed over their head as this can disturb them when you are undressing them.

If you are bottle feeding, please bring extra milk and bottles as your baby may feed a little more than usual during the session due to the warmth in the studio and unfamiliar settings for them.

If you are breast feeding, please avoid drinks with caffeine. This is of the utmost importance. Please also avoid eating any spicy foods the day before the session too.

We photograph babies in specifically designed newborn outfits, so you don't need to worry about bringing baby clothes to the studio. We will discuss with you before the shoot any colours that you wish us to consider for the session.

The studio will be warm for your baby's comfort, so we advise you to dress in layers for your own comfort too.

If your baby has a pacifier, please bring it to the session. Please do not worry, this doesn't affect future feeding habits but can help your baby to get to sleep if they are unsettled ensuring that we get a lovely gallery of images for you.

We do NOT permit you to take pictures on your cell phone during the shoot. If any photos are taken other than by us, your newborn shoot will end immediately with no refund or pictures delivered to you.

Last Name: _____ First Name: _____

Tiny Selphies Photoshoot Day: _____ Time: _____

By Signing this agreement, I understand & agree to what is expected from me. I will be sent 3 digital photos, and if I would like any additional digital photos, they will be \$24 each.

Parent Signature: _____ Date: _____